



## Virtual Tour of Norwich Cathedral with activities and a fabulous competition for children being educated at home at this time

Here is an idea for bringing alive the Cathedral for children when at home – it is *their* cathedral and we will be praying for each one of them while they are not at school and while this whole thing lasts!

Look for this good quality virtual tour of Norwich Cathedral on You tube entitled '*Norwich Cathedral the most magnificent Anglican Cathedral in the UK*'

it starts in the surrounding streets and takes you then through into the Close then into and all around the Cathedral.

**Maybe the children could watch it at home then think about writing their own guide of the Cathedral for children?**

- They could decide which parts to draw as illustrations
- Can they write an adventure story after seeing the film about getting lost in the Cathedral or going back in time to when the monks lived there?
- Log on to the twitter account for Budge the Cathedral cat! @budgeofnorwich Perhaps they can write some poems or stories about which are Budge's favourite places to snuggle up and sleep? Or an imaginary story about what he got up to the night he got locked in there!
- Ask them to imagine they are a monk who lived and prayed here years ago, write about what it is like here. Draw what they think the monks' big dormitory to sleep in was like and their library.
- The monks were Benedictines – they could research this further. I have other resources on this if you need them sending. They followed the Rule of St Benedict
- Research on the internet about medieval illuminated books and Bibles – try to copy an illuminated letter and design an illuminated letter of their own name.
- Design your own stained glass window that tells a Bible story and also look up on the internet cartoon versions of parables of Jesus.
- Maybe they could research the historical area around Tombland on the internet and by Google maps?

I have other resources on the day in 1272 when the locals set fire to the tower!! Ask me if you wish those to be sent to you.

### COMPETITION

Children might wish to come up with drawings/stories/poems or other crafts and email copies of them to me on this address [headofschools@cathedral.org.uk](mailto:headofschools@cathedral.org.uk) or tweet them on @cathedraledu I will then share on website and display them once the Cathedral is fully open once again so classes who visit or families can see these. I'd love to hear from them and will respond to their questions – *can they challenge me with difficult questions about the history or anything of the Cathedral or what Christians believe – I will get our experts here on the case and email them back!! SEE NEXT PAGE.....*

## Here's the order of the virtual tour so you know what is happening where in the film...

**Cloisters** – the pathway that gave the monks of old access under cover from their monastery building into the Cathedral. They had to be in there for 2a.m. for prayers!

The large gathering area **the Nave** – look at all those seats!

The **Altar table** where Christians gather together as a family to share bread & wine and remember Jesus

**The amazing design, arches and ceiling** – covered in roof bosses – carved stone images of scenes of all the stories from the Bible

**The huge west window** that depicts scenes from Jesus' life and the story of Moses

**The peace globe** to light candles and think quietly or say a prayer – the candle flame reminds Christians for Jesus the light of the world, that's what he said he was in the Bible and Christians believe he came alive again at Easter to bring light back to the world.

**The amazing three windows** that are 6 yrs old – they depict the Trinity the mysterious three parts of God that Christians believe in - Father, Son & Holy Spirit.

They reflect coloured light onto the arches.

**Flowers** – Christians love to make the place look beautiful for God also it is Easter time in the tour film.

**Tombs and memorials** are all around to remember those who are not alive anymore and we give thanks to God for their lives.

**The stone pulpit** where teaching takes place so everyone can see and hear – it is high up!

**The Presbytery** area at the east end and the High Altar table. A very decorative and holy place where the monks prayed and offered Holy Communion each day in med times.

**Candles**, especially the Paschal Easter candle that comes into the Cathedral early on Easter Sunday morning to tell all that the light of the risen Jesus is back with them again, risen from the dead.

**Bishop Herbert de Losinga's tomb** surrounded by large candles – he was the first Bishop of Norwich who got the cathedral built in 1096 it took 50 yrs to build.

**The risen Jesus crowned King in heaven window** at the east end – where the sun rises each morning

**The choir** with all its wood carving where our choir sing praises to God each day and where the monks did too in med times, all lit with lamps.

**Out in the Cathedral close again**, a place to relax in and a place where people live and work.

## Another option...

On our website you can also access the flow motion video of Norwich and the Cathedral, they could do some memory games/spotting what is going on when they have seen it and write some poetry about the amazing city and Cathedral that is ours!

***Can they design a leaflet that promotes our wonderful city and Cathedral?***

***Can they do a collage picture that depicts what they have seen in the video?***

***Good luck and I do look forward to hearing from you all!***

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